May 27, 2025

# Measles Status & Regional Public Health Preparedness





# National & Regional Measles Status

- 2024 saw a significant rise in U.S. measles cases compared to previous years
- Missouri and Kansas have each reported confirmed cases in 2025
- No cases so far in the MARC region
  - Several exposed contacts were monitored
- National hotspots driven by unvaccinated pockets and international travel

## CURRENT STATE OF MEASLES IN THE U.S.

- 31 Jurisdictions reporting confirmed measles cases (1001 confirmed cases)
- 14 total outbreaks reported in 2025 (defined as 3 or more related cases)
- Age groups:
  - Under 5 30% 20+ 31%
  - **5-19 -** 38%
- Unknown 1%
- Hospitalizations: 13%
- Deaths: 3



Data: 05/08/2025

### **CURRENT STATE OF MEASLES IN KANSAS & MISSOURI**

#### Kansas:

- 51 Cases
  - 49 cases associated with the SW Kansas outbreak
  - 2 cases associated with international travel

#### Missouri:

- 3 Cases
  - 1 case associated with international travel
  - 1 is a Missouri resident
  - 1 was an out-of-state visitor



Data: 05/08/2025

## **Measles Vaccination Rates:**



### KANSAS & MISSOURI: 90.4 percent vaccinated for the 2023-2024 school year

# Measles vaccination rates by county:





Percent of kindergarteners who had received the MMR vaccine in the 2023-24 school year. Herd immunity, when measles is unlikely to spread, requires 95%.

Source: <u>Missouri Dept. of Health and Senior</u> <u>Services, Kansas Dept. of Health and</u> <u>Environment</u>

#### **KANSAS & MISSOURI:**

Kindergarten vaccination rates for the 2023-2024 school year by county

## **MEASLES:** SYMPTOMS AND TRANSMISSION

- Early symptoms: fever, cough, runny nose, conjunctivitis
- Rash develops 3–5 days after symptoms begin
- Highly contagious: airborne transmission via droplets and surfaces (up to 2 hours)
- An infected individual is infectious from 4 days before to 4 days after a rash forms
- One case can infect up to 90% of susceptible contacts
- **Complications:** Pneumonia, hearing loss, brain inflammation, brain damage, blindness, SSPE (fatal brain disorder that develops years after recovering), death



# **Populations & Communities Most at Risk**

Under-vaccinated communities, especially in certain school districts

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Children under age 5, pregnant people, and immunocompromised individuals

Counties with MMR rates below 95% at kindergarten entry



# Common Myths About Measles



- Myth: "Measles is just a harmless childhood illness."
- Fact: Measles can cause serious complications like pneumonia, encephalitis, and death, especially in young children, the immunocompromised, and pregnant individuals.
- Myth: "Once you've had measles, you can get it again."
- Fact: Natural infection usually provides lifelong immunity, but the risk of complications is high, which is why vaccination is preferred.
- Myth: "The MMR vaccine causes autism."
- Fact: This claim has been thoroughly debunked. Major studies have found no link between the MMR vaccine and autism.
- Myth: "If vaccination rates are high in my area, I don't need to vaccinate my child."
- Fact: This undermines herd immunity and increases community risk especially for those who can't be vaccinated due to age or health.
- Myth: "Measles was eliminated, so it's not a threat anymore."
- Fact: Measles can be imported from countries with active outbreaks. Low local vaccination rates can lead to community-wide spread.

### LOCAL HEALTH DEPARTMENTS: MONITORING & RESPONSE

- Active syndromic surveillance with hospitals and clinics
- Coordination with schools and childcare providers
- Targeted communications on measles were disseminated to partners & stakeholders
- Response plan and press release templates are in place if a case appears
  - Sharing these resources with other jurisdictions
- Public outreach and vaccine education campaigns
- Offering MMR vaccine



## **REGIONAL PUBLIC HEALTH COLLABORATION**

#### UNIFIED MESSAGING

- Coordinated public information
- Shared letters and press release templates
- Consistent vaccine messaging across counties

#### SHARED SURVEILLANCE EFFORTS

- Active syndromic surveillance in partnership with hospitals, clinics, and schools
- Regional monitoring of immunization rates
  and case trends
- Data sharing to detect potential outbreaks

#### MUTUAL SUPPORT FOR CONTACT TRACING

- Cross-jurisdictional collaboration to trace
  exposures across county lines
- Surge support agreements—teams assist one another during high case volume
- Centralized protocols to streamline case
  investigation and response



# What We Can Do

- Encourage vaccination and myth-busting in your communities
- Direct constituents to reliable vaccine info (CDC, local health department, etc.)







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